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Maura J. Rossman, M.D., HCLHIC Co-Chair
Health Officer, Howard County Health Department

Steven C. Snelgrove, HCLHIC Co-Chair
President, Howard County General Hospital

Howard County Local Health Improvement Coalition

Healthy Aging Work Group Meeting

October 23, 2017 – 2:30 p.m. – 4:00 p.m.

Barton A&B

Minutes

Members Present:

Jennifer Asher, HC Commission on Aging
 Courtney Barkley, HCDCRS
 Mike Demidenko, HCDSS
 Patricia Dugan, Columbia Association
 Manuel Evangelista, AAA Physical Therapy
 Bruce Fulton, Neighbor Ride
 Peggy Hoffman, HCDCRS
 Jill Kamenetz, HC DCRS
 Carla Lawson, HCC

Elexis Lawson, Columbia Workforce Center
 Elizabeth Menachery, HCHD
 Andrew Monjan, Transition Howard County
 Tracy Novak, HCGH
 Sheila Palmiotto, HCHD
 Maura Rossman, HCHD
 Sharonlee Vogel, HC Commission on Aging
 Samantha Wilson, HCMHA

Guests Present:

Rachel Burlas, HCDFRS
 Katie Larkin, HCDFRS

Staff Present:

Sharif Braxton, HCLHIC Program Coordinator
 Kelly Kesler, HCLHIC Program Director
 Mary Wahl, HCLHIC Program Manager
 Lauren Williams, HCLHIC Program Coordinator

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	<p>Courtney Barkley called the meeting to order at 2:33p.m.</p> <p>Participants and guests introduced themselves.</p>	
Approval of Minutes and Announcements	<p>Sharif Braxton shared that the work group meeting would be recorded for production of minutes.</p> <p>Courtney Barkley provided a re-cap from the August 28, 2017 meeting</p>	<p>Minutes from the previous meeting will be available one week prior to the next meeting date at http://www.hclhic.org/membership/meeting-portal.</p> <p>Group members are encouraged to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming events:</p>

and asked for any corrections to the minutes from that meeting. A motion to accept the minutes as written was made by Sheila Palmiotto and seconded by Jill Kamenetz.

Group members shared brief announcements.

<http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/>. To request an event be added to the HCLHIC Community calendar contact lhic@howardcountymd.gov.

Peggy Hoffman of the Howard County Department of Community Resources and Services informed the group that the Office on Aging and Independence offers Medicare Counseling through their State Health Insurance Assistance Program. The program is ready to accept Medicare beneficiaries to provide one-on-one counseling for open enrollment, and they are offering open enrollment events. More information can be found at <https://www.howardcountymd.gov/SHIP>.

Patricia Dugan of the Columbia Association reminded of the group of CA's free senior events shuttle. The shuttle offers curb-to-curb evening (after 4:30 p.m.) and weekend transportation to cultural events throughout Howard County for of four or more seniors (though multiple pickup locations are permitted) ages 60 and older. To request or cancel a ride, call 410-715-3087 and visit the Columbia Association [website](#) for more information. Patricia will provide additional flyer to be shared at HCLHIC community outreach events.

Elexis Lawson of the Columbia Workforce Center informed the group of its [Healthcare Recruitment Fair](#) being held October 26th at the North Laurel Community Center from 10 a.m. – 1 p.m. Over 15 vendors will be in attendance and almost 200 individuals signed up.

Sharif Braxton shared that the HCLHIC in collaboration with the Office on Aging and Independence (OAI) will be offering the Virtual Dementia Tour to Coalition members. The tour simulates the effect of aging and dementia to give families, caregivers and the general public an opportunity to walk in their loved one's shoes. The tours will take place Thursday, November 16th from 3 – 5 p.m. at the OAI Gateway Office (6751 Columbia Gateway Drive). The tour lasts 10 minutes and 2 people can complete the tour every 15 minutes for a total of 16 slots. The expectation is that those who sign up for and attend the Virtual Dementia Tour will also attend and participate in the November 27th workgroup meeting to share their thoughts and reflections. Members can sign up for slots by visiting the following link:

<http://www.signupgenius.com/go/60b0d4ca9a822a2fc1->

		virtual
“Remembering When” Fire and Falls Prevention Program presentation	Rachel Burlas, Risk Reduction Educator at the Howard County Department of Fire and Rescue Services, gave an overview of the Remember When program offered to the aging population of Howard County. Data on the community affected by falls and fire deaths, strategies to reach this population, and areas of possible collaboration were shared.	For more information about the Remembering When program, potential collaboration, or to schedule a home visit for an elder, please contact Rachel Burlas at rburlas@howardcountymd.gov or 410-313-6317.
Strategic Planning Discussion	Kelly Kesler led the discussion on the update of the developed goals, process objectives and baseline data needs for the FY 18-20 Action Plan. This discussion was a continuation of the ongoing strategic planning process.	Coalition members shared perspectives on priorities and tactics. Member organizations will be contacted as needed to acquire baseline data of evidence-based programs offered in the community. The group was asked to utilize social media messages from the Action Alert Tool. The group has also been asked to brainstorm a working definition for brain health as well as ways of incorporating brain health messaging into coalition member organizations’ activities.
Wrap Up and Adjournment	The work group meeting was adjourned at 4:04 p.m.	

Work Group

November 27, 2017 2:30-4:00 pm, Barton A&B

FULL HCLHIC

January 25, 2018 8:30-10:30 am, Susquehanna

Respectfully submitted by
Sharif Braxton
Program Coordinator, Howard County Local Health Improvement Coalition